

Medication Assisted Treatment Specialist (MATS)

Scope of Practice

DOMAIN I: Pharmacotherapy

A. Identify locations and modalities of MAT.

1. Opioid Treatment Programs (OTPs)
2. Office-based MAT providers
3. Integration of MAT with ASAM Levels of Care

B. Recognize and differentiate between FDA-Approved medications used in the treatment of substance use disorders.

1. Maintenance medications.
2. Commonly used medications in withdrawal management
3. Overdose reversal medications

C. Comply with federal and state regulations and agency policies regarding MAT.

D. Screen for appropriateness and eligibility for MAT and provide referrals as needed.

1. This includes federal and agency policies on criteria for admission.

E. Identify risks associated with MAT and strategies for response.

1. This involves having a general understanding of substance-related, biomedical, and psychological issues that would be contraindicative of MAT.

F. Recognize how certain medical factors for various populations may impact an individual's ability to benefit from MAT medications.

G. Recognize the need for medical consultation to address specific concerns around individual care.

DOMAIN II: Supportive Counseling Skills

A. Establish rapport with the client.

B. Identify individualized needs for recovery support options.

C. Develop and support individualized recovery planning.

E. Utilize engagement and retention techniques.

1. Including, but not limited to, harm reduction, informed consent, and individualized treatment options.

F. Coordinate and maintain care with collateral supports.

1. Including, but not limited to, family, justice involvement, child welfare, and psychiatry.

G. Recognize and respond to potential crisis situations.

1. Suicidal/homicidal ideations

2. Overdose

3. Acute intoxication

4. Withdrawal potential

H. Develop and maintain recovery partnerships across disciplines.

I. Utilize basic supportive counseling skills.

1. Supportive group counseling

2. Supportive individual counseling

Domain III: Education

A. Educate the person and family/significant others about the role and effects of FDA-Approved SUD medications in the recovery process.

B. Provide information about and connections to non-medication treatment options when appropriate or requested.

C. Assist the person and family/loved ones in choosing complimentary recovery supports.

D. Provide information to the community and recovery partnerships about medication assisted treatment in an attempt to reduce stigma.

E. Provide information to the person about the benefits of healthy behaviors and risk reduction.

Domain IV: Professional Responsibility

A. Adhere to the MATS code of ethics and standards of practice for medication assisted treatment.

- B. Recognize and maintain professional and personal boundaries with clients, community partners, and coworkers.
 - C. Understand the need to adhere to federal and state regulations and agency policies related to medication assisted treatment.
 - D. Engage in on-going professional development.
 - 1. Continuing education pertinent to MAT, SUD, mental health, etc.
 - 2. Ongoing clinical supervision
 - E. Recognize the importance of self-care and personal wellness.
-

Additional clarification items:

- A. Obtainment of the MATS credential DOES NOT authorize any of the following:
 - a. Administration of a biopsychosocial assessment to determine any disorder.
 - i. A MATS credential holder must also meet Indiana state statute requirements to administer said assessments.
 - b. Administration of any medication.
 - i. A MATS credential holder can support self-efficacy for a client related to self-medication management.
 - c. Providing medical advice regarding medication changes, dosages, and any other medical decision making.
- B. This stated scope of work does not supersede any reimbursement expectations from various funding sources.