



Certified Alcohol and Drug Addiction Consultant I (CADAC I)

Scope of Practice

DOMAIN 1: Scientific Principles of Substance Use and Co-Occurring Disorders

- A. Recognize how addiction affects the brain (e.g., disease model, reward pathways, tolerance, and cravings).
- B. Identify risk factors for developing substance use disorders (e.g., trauma, family history)
- C. Identify behavior, patterns, and progressive stages of substance use disorders and mental health situations.
- D. Differentiate between common substances used and their characteristics.
 - 1. Pharmacology (e.g., drug classifications, interactions, cross-tolerance).
 - 2. Signs and symptoms of intoxication and overdose.
 - 3. Stages and symptoms of withdrawal.
 - 4. Physiological, psychological, and social effects.
- E. Identify signs and symptoms of co-occurring mental health conditions.
- F. Identify signs and symptoms of co-occurring medical conditions (e.g., cirrhosis, respiratory deficits, sexually transmitted infections).

DOMAIN 2: Evidence-Based Screening and Assessment

- A. Utilize established interviewing techniques (e.g., Motivational interviewing, probing, questioning).
- B. Utilize established screening and assessment methods and instruments to identify life skills strength and growth areas.
- C. Administer substance use testing.
- D. Understand established diagnostic criteria for substance use and mental health diagnosis (i.e., DSM) to assist with proper support for the clients' individual needs related to their diagnosis.
 - 1. Utilizing said knowledge to assist with skills development to minimize symptoms.

- E. Assess life skills needed by the client based upon diagnosis, client reported needs and support healthy lifestyle habits based upon life skills taught to improve daily living.
- F. Assemble a comprehensive client life history (e.g., health, family, employment, collateral sources, previous treatment experiences etc.).
- G. Determine the course of action to meet the individual's immediate and ongoing needs.
- H. Determine level of life skills development necessary for client's success.

DOMAIN 3: Evidence-Based Treatment, Counseling, and Referral

- A. Demonstrate practicing and responding to verbal and non-verbal communication skills.
 - 1. Learning styles.
 - 2. Communication styles (e.g., person-centered language).
- B. Recognize methods and opportunities to build rapport with clients.
- C. Review client patterns of behaviors.
- D. Recognize and respond to emergency/crisis events (e.g., de-escalation).
- E. Recognize when to utilize and how to facilitate referrals for clients (e.g., case management, follow-up).
- F. Identify and respond to concerns related to specific populations (e.g., age, pregnancy, youth, justice-involved, housing insecure etc.).
- G. Collaborate with multidisciplinary team, other professionals, and client supports (e.g., family) to determine and provide care.
- H. Recognize the relationship between behavioral health and trauma.
 - 1. Effect on client (e.g., adverse childhood experiences, domestic violence)
 - 2. Effect on professionals (e.g., vicarious trauma, burnout)
- I. Utilize methods to address client ambivalence or resistance to change.
- J. Utilize best practices in developing and updating skills development and/or case management plans.
 - 1. Create goals and objectives based upon the SMART goal model.

2. Create strategies and interventions (e.g., recurrence prevention, coping skills etc.)

K. Identify necessary and available resources to meet client needs.

1. Assist with resource navigation.
2. Increase clients' ability to self-identify resource needs.

L. Utilize evidence-based approaches specific to group sessions.

1. Structured curriculum and process to skills development approaches.
2. Group dynamics and cohesiveness to group service delivery.

M. Recognize, and utilize, best practices of discharge planning.

N. Supporting multiple pathways of recovery (e.g., MAT, holistic health, support groups, non-abstinence-based approaches)

O. Utilize methods and techniques for providing feedback (e.g., reflection, reframing, clarification).

P. Recognize when to terminate the professional relationship.

1. Ensuring a collaborative, supportive approach is utilized when services are terminated for any reason.

DOMAIN 4: Professional, Ethical and Legal Responsibilities

A. Demonstrate professional boundaries and practice self-awareness regarding:

1. Dual relationships.
2. Self-disclosure.
3. Ethical service delivery based upon certification code of ethics expectations.

B. Develop and utilize an appreciation of multiple perspectives throughout the treatment process.

C. Recognize and respond to issues that are outside the professional's scope of practice.



- D. Demonstrate best practices in documentation.
 - 1. Record keeping.
 - 2. Storage.
- E. Demonstrate compliance with confidentiality and privacy laws.
- F. Identify and address potential conflicts of interest.
- G. Demonstrate compliance with informed consent guidelines.
- H. Identify and utilize sources of supervision and consultation.
- I. Recognize the grievance process and respond to client grievances.
- J. Identify, respond, and advocate for a person-centered approach to care.
- K. Demonstrate adherence to established client/patient rights.

Additional clarification items:

- A. Obtainment of the CADAC I certification DOES NOT authorize any of the following:
 - a. Administration of a biopsychosocial assessment to determine any disorder.
 - i. A CADAC I certification holder must also meet Indiana state statute requirements to administer said assessments.
 - b. Administration of any medications.
 - i. A CADAC I certification holder can support self-efficacy for a client related to self-medication management.
- B. This stated scope of work does not supersede any reimbursement expectations from various funding sources.