



## **Certified Alcohol and Drug Addiction Consultant I (CADAC I)**

### **Scope of Practice**

#### **DOMAIN 1: Scientific Principles of Substance Use and Co-Occurring Disorders**

- A. Recognize how addiction affects the brain (e.g., disease model, reward pathways, tolerance, and cravings).
- B. Identify risk factors for developing substance use disorders (e.g., trauma, family history)
- C. Identify behavior, patterns, and progressive stages of substance use disorders and mental health situations.
- D. Differentiate between common substances used and their characteristics.
  - 1. Pharmacology (e.g., drug classifications, interactions, cross-tolerance).
  - 2. Signs and symptoms of intoxication and overdose.
  - 3. Stages and symptoms of withdrawal.
  - 4. Physiological, psychological, and social effects.
- E. Identify signs and symptoms of co-occurring mental health conditions.
- F. Identify signs and symptoms of co-occurring medical conditions (e.g., cirrhosis, respiratory deficits, sexually transmitted infections).

#### **DOMAIN 2: Evidence-Based Screening and Assessment**

- A. Utilize established interviewing techniques (e.g., Motivational interviewing, probing, questioning).
- B. Utilize established screening and assessment methods and instruments to identify life skills strength and growth areas.
- C. Administer substance use testing.
- D. Understand established diagnostic criteria for substance use and mental health diagnosis (i.e., DSM) to assist with proper support for the clients' individual needs related to their diagnosis.
  - 1. Utilizing said knowledge to assist with skills development to minimize symptoms.

- E. Assess life skills needed by the client based upon diagnosis, client reported needs and support healthy lifestyle habits based upon life skills taught to improve daily living.
- F. Assemble a comprehensive client life history (e.g., health, family, employment, collateral sources, previous treatment experiences etc.).
- G. Determine the course of action to meet the individual's immediate and ongoing needs.
- H. Determine level of life skills development necessary for client's success.

### **DOMAIN 3: Evidence-Based Treatment, Counseling, and Referral**

- A. Demonstrate practicing and responding to verbal and non-verbal communication skills.
  - 1. Learning styles.
  - 2. Communication styles (e.g., person-centered language).
- B. Recognize methods and opportunities to build rapport with clients.
- C. Review client patterns of behaviors.
- D. Recognize and respond to emergency/crisis events (e.g., de-escalation).
- E. Recognize when to utilize and how to facilitate referrals for clients (e.g., case management, follow-up).
- F. Identify and respond to concerns related to specific populations (e.g., age, pregnancy, youth, justice-involved, housing insecure etc.).
- G. Collaborate with multidisciplinary team, other professionals, and client supports (e.g., family) to determine and provide care.
- H. Recognize the relationship between behavioral health and trauma.
  - 1. Effect on client (e.g., adverse childhood experiences, domestic violence)
  - 2. Effect on professionals (e.g., vicarious trauma, burnout)
- I. Utilize methods to address client ambivalence or resistance to change.
- J. Utilize best practices in developing and updating skills development and/or case management plans.
  - 1. Create goals and objectives based upon the SMART goal model.

2. Create strategies and interventions (e.g., recurrence prevention, coping skills etc.)
- K. Identify necessary and available resources to meet client needs.
1. Assist with resource navigation.
  2. Increase clients' ability to self-identify resource needs.
- L. Utilize evidence-based approaches specific to group sessions.
1. Structured curriculum and process to skills development approaches.
  2. Group dynamics and cohesiveness to group service delivery.
- M. Recognize, and utilize, best practices of discharge planning.
- N. Supporting multiple pathways of recovery (e.g., MAT, holistic health, support groups, non-abstinence-based approaches)
- O. Utilize methods and techniques for providing feedback (e.g., reflection, reframing, clarification).
- P. Recognize when to terminate the professional relationship.
1. Ensuring a collaborative, supportive approach is utilized when services are terminated for any reason.

#### **DOMAIN 4: Professional, Ethical and Legal Responsibilities**

- A. Demonstrate professional boundaries and practice self-awareness regarding:
1. Dual relationships.
  2. Self-disclosure.
  3. Ethical service delivery based upon certification code of ethics expectations.
- B. Develop and utilize an appreciation of multiple perspectives throughout the treatment process.
- C. Recognize and respond to issues that are outside the professional's scope of practice.

- D. Demonstrate best practices in documentation.
    - 1. Record keeping.
    - 2. Storage.
  - E. Demonstrate compliance with confidentiality and privacy laws.
  - F. Identify and address potential conflicts of interest.
  - G. Demonstrate compliance with informed consent guidelines.
  - H. Identify and utilize sources of supervision and consultation.
  - I. Recognize the grievance process and respond to client grievances.
  - J. Identify, respond, and advocate for a person-centered approach to care.
  - K. Demonstrate adherence to established client/patient rights.
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**Additional clarification items:**

- A. Obtainment of the CADAC I certification DOES NOT authorize any of the following:
  - a. Administration of a biopsychosocial assessment to determine any disorder.
    - i. A CADAC I certification holder must also meet Indiana state statute requirements to administer said assessments.
  - b. Administration of any medications.
    - i. A CADAC I certification holder can support self-efficacy for a client related to self-medication management.
- B. This stated scope of work does not supersede any reimbursement expectations from various funding sources.