

Certified Alcohol and Drug Addiction Consultant II and III (CADAC II and CADAC III) Scope of Practice

DOMAIN 1: Scientific Principles of Substance Use and Co-Occurring Disorders

- A. Recognize how addiction affects the brain (e.g., disease model, reward pathways, tolerance, and cravings).
- B. Identify risk factors for developing substance use disorders (e.g., trauma, family history)
- C. Identify behavior, patterns, and progressive stages of substance use disorders.
- D. Differentiate between common substances used and their characteristics.
 - 1. Pharmacology (e.g., drug classifications, interactions, cross-tolerance)
 - 2. Signs and symptoms of intoxication and overdose
 - 3. Stages and symptoms of withdrawal
 - 4. Physiological, psychological, and social effects
- E. Identify signs and symptoms of co-occurring mental health conditions.
- F. Identify signs and symptoms of co-occurring medical conditions (e.g., cirrhosis, respiratory deficits, sexually transmitted infections).

DOMAIN 2: Evidence-Based Screening and Assessment

- A. Utilize established interviewing techniques (e.g., Motivational interviewing, probing, questioning).
- B. Utilize established screening and assessment methods and instruments (e.g., ASI, ACE, SASSI) to identify areas of intervention and treatment needs.
- C. Identify methods and interpret results from drug and alcohol testing.
- D. Utilize established diagnostic criteria for evaluating substance use severity (i.e., DSM)
- E. Assemble a comprehensive client life history (e.g., health, family, employment, collateral sources, previous treatment experiences, etc.)
- F. Determine the course of action to meet the individual's immediate and ongoing needs.



G. Determine level of care based on placement criteria. (ASAM Levels of Care and Dimensions)

DOMAIN 3: Evidence-Based Treatment, Counseling, and Referral

- A. Demonstrate practicing and responding to verbal and non-verbal communication skills.
 - 1. Learning styles
 - 2. Communication styles (e.g., person-centered language)
- B. Recognize methods and opportunities to build rapport with clients.
- C. Review client's patterns and methods of use.
 - 1. Including amount, frequency, route of ingestion, etc.
- D. Recognize and respond to emergency/crisis events (e.g., de-escalation).
- E. Recognize when to utilize and how to facilitate referrals for clients (e.g., case management, follow-up).
- F. Identify and respond to concerns related to specific populations (e.g., LGBTQ+, pregnancy, youth, justice-involved, housing insecure).
- G. Collaborate with multidisciplinary team, other professionals, and the client supports (e.g., family, faith communities) to determine and provide care.
- H. Recognize the relationship between substance use and trauma.
 - 1. Effect on the client (e.g., adverse childhood experiences, domestic violence)
 - 2. Effect on the professional themselves (e.g., vicarious trauma, burnout)
- I. Utilize methods to address client ambivalence or resistance to change.
- J. Utilize best practices in developing and updating a treatment plan.
 - 1. Goals and objectives
 - 2. Strategies and interventions (e.g., relapse prevention, coping skills)
- K. Identify necessary and available resources to meet client needs.
- L. Utilize evidence-based approaches specific to group sessions.



- 1. Structured curriculum and process
- 2. Group dynamics and cohesiveness
- M. Recognize elements of discharge planning.
- N. Explore multiple pathways of recovery (e.g., MAT, holistic health, support groups, non-abstinence-based approaches)
- O. Utilize methods and techniques for providing feedback (e.g., reflection, reframing, clarification)
- P. Recognize when to terminate the professional treatment relationship.

DOMAIN 4: Professional, Ethical and Legal Responsibilities

- A. Demonstrate professional boundaries and practice self-awareness regarding:
 - 1. Dual relationships
 - 2. Self-disclosure
 - 3. Ethical service delivery based upon credential code of ethics expectations.
- B. Use information from multiple sources and perspectives throughout the treatment process.
 - 1. This includes obtaining collateral information from identified supports and other disciplines as appropriate.
- C. Recognize and respond to issues that are outside the professional's scope of practice.
- D. Demonstrate best practices in documentation.
 - 1. Record keeping
 - 2. Storage
- E. Demonstrate compliance with confidentiality and privacy laws.
- F. Identify and address potential conflicts of interest.
- G. Demonstrate compliance with informed consent guidelines.
- H. Identify and utilize sources of supervision and consultation.



- I. Recognize the grievance process and respond to client grievances.
- J. Identify, respond, and advocate for person-centered treatment approaches.
- K. Demonstrate adherence to established client/patient rights.

Additional clarification items:

- A. Obtainment of the CADAC II or III credential DOES NOT authorize any of the following:
 - a. Administration of a biopsychosocial assessment to determine any disorder.
 - i. A CADAC credential holder must also meet Indiana state-statute requirements to administer said assessments.
 - b. Administration of any medications.
 - i. A CADAC II/III credential holder can support self-efficacy for a client related to self-medication management.

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 - b. Administration of any medications.
 - i. A CADAC II and CADAC III credential holder can support self-efficacy for a client related to self-medication management.
- B. This stated scope of work does not supersede any reimbursement expectations from various funding sources.